

How to Know When It's Time to Go Deeper in Your Faith

A FREE Guide for Moving from Spiritual Dryness to Deep Connection

This guide is for you if you've been feeling that subtle nudge—a sense that there's more to your faith than you've been experiencing or if you've been doing all that seems right to do but for some reason it all feels lifeless. This is a sign that it is time to move from simply doing the right things to truly being with God. In our spiritual journey, things can begin to feel monotonous, routine and a bit boring if we're not careful. This guide will help you identify if you need to go deeper and just how to do it.

Part 1: The Subtle Signs You're Ready to Go Deeper

Sometimes, the signals are clear. Other times, they're more subtle. Check off any of the following that resonate with you. The more you check, the more likely it is that you're in a season of transition, and it's **time to go deeper**.

- ☐ **Your routine feels like a rut** - you have a consistent devotional time, but it feels more like a chore than a conversation. You're "checking the box" but not feeling connected.
- ☐ **You are spiritually restless** - you have a nagging feeling that there's something more to your faith, but you can't quite put your finger on what it is. You feel a sense of longing.
- ☐ **You're hungry for something new** - the sermons and worship songs you once loved no longer resonate the same way. You're craving a fresh perspective, a new challenge, or a different way to connect with God.
- ☐ **You're more concerned with "getting it right" than with knowing God** - you find yourself focused on following rules or doctrines rather than cultivating a genuine relationship. Your faith feels more like a performance than a partnership.
- ☐ **The questions are getting bigger** - you find yourself wrestling with doubts, asking hard questions about God, and wondering what it all means. This is not a bad thing! These questions are often the gateway to a deeper, more mature faith.
- ☐ **You're comparing your faith journey to others** - you see other people with a seemingly vibrant faith and wonder why yours doesn't feel the same.

If you checked off a few of these, congratulations! This isn't a reason to be discouraged. It's a sign that God is preparing you for a new level of intimacy. He is calling you into the deep. You might have a fear of water so you're staying close to the shoreline but God is saying "come in deeper", "come closer".

Part 2: Practical First Steps to Reignite Your Passion

Knowing you're ready is the first step. The next is taking action. This isn't about adding more items to your spiritual to-do list. It's about shifting your mindset and trying a few simple, intentional practices.

1. Reframe Your Prayer Life.

- Instead of just asking for things, try listening. Spend 5-10 minutes in silence and simply ask God, "What do you want me to know today?"
- Try praying with a journal. Write down your prayers and thoughts. This can help you see where God is moving and how your prayers are being answered over time.

2. Approach Scripture with Curiosity, Not Duty.

- Choose a book of the Bible you've never read (or haven't read in a long time). Don't focus on getting through it quickly. Read just a few verses at a time and ask, "What is this passage revealing about God's character?"
- Try a practice called Lectio Divina (Divine Reading). Slowly read a passage, listen for a word or phrase that stands out to you, and then meditate on it and pray about what it might mean for your life.

3. Engage Your Senses.

- Get outside! Go for a walk in nature and talk to God about what you see and feel. God speaks to us not just through our ears but through the world He created.
- Try listening to different types of worship music or even classical music that moves you. Let the music be a form of prayer.

4. Find a Faith Friend.

- Faith is not a solo sport. You were created for community. Identify one person you admire in their faith and ask them to grab coffee, or lunch. Tell them you're feeling a bit dry and would love to hear about their journey.
- Consider joining a small group or a Bible study at your church. The encouragement and accountability of others can be a powerful catalyst for growth.

Remember, going deeper isn't about becoming "perfect." It's about becoming more honest, more vulnerable, and more dependent on God. The journey starts with a single step. Which of these steps will you take today?

For more guidance on your discipleship journey, follow me on Instagram https://www.instagram.com/vfge19_kingdom/ or visit my website <https://www.vfgekingdomempowerment.com/>. I'm here to walk with you.

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